

Attention: Parent Educators, Counsellors, Parents



www.adlercentre.ca

Learn research based effective tools and techniques for teaching parents how to use kind and firm discipline without being punitive or permissive

TEACHING PARENTING THE POSITIVE DISCIPLINE WAY

Positive Discipline...

- Helps children feel that they belong and are significant
- Teaches and models mutual respect and encouragement
- Provides long term effectiveness taking into consideration what the child thinks, feels, decides and learns
- Teaches important social and life skills: respect, concern for others, problem solving and cooperation as well as skills to contribute to home, school and the community

“ The activities were priceless. Much better than being lectured at. So much more powerful. It changed the way I understand and relate to people. Thank you. *W.M.* **”**

Participants will...

- Learn how to facilitate a parenting class as a non-expert
- Train how to work and teach parents who love their children but have few tools or resources to parent effectively for today's world
- Practice experiential exercises that help parents go beyond intellectual understanding to respond in empowering ways
- Gain knowledge of materials for use in groups (parenting classes) as well with individual families
- Collect valuable resource materials

Cost: \$250 Early Registration

(prior to March 14)

\$295 Registration

\$195 Student

(includes Materials and GST)

Facilitator: Jody McVittie, M.D.

Certified Positive Discipline Associates

Thursday March 27, 7:00 – 9:00

Friday March 28 & Saturday March 29, 9:00 – 5:00

The Adler Centre, 230 – 1818 West Broadway, Vancouver

For further information or to register call:

The Adler Centre 604-742-1818 • Fax: 604-742-1811

Sponsored by the Adlerian Psychology Association of British Columbia (APABC) www.adlercentre.ca and the Positive Discipline Association www.posdis.org

Teaching Parenting the Positive Discipline Way Registration Form

Date of Workshop _____ Location of Workshop _____

Name _____ Name for name tag: _____

Street address _____

City, Prov., Postal Code _____

Home Phone _____ Work Phone _____ Fax _____

Email address, home _____ Email address, work _____

Payment Information:

\$250 early registration prior to March 14

\$295 Registration

\$195 Students

(All fees include materials and GST)

_____ Sending cheque (payable to APABC) for \$ _____

_____ Visa/ MC# _____ exp. _____ / _____

I authorize APABC (Adlerian Psychology Association of BC) to charge my credit card \$ _____ for the above course registration

Signature: _____ Date _____

Cancellation Policy: Full refund is given if cancellation occurs one month or more before workshop. No refunds if cancellation is less than 4 weeks before workshop, though the participant may use a credit for another workshop.

PLEASE REGISTER EARLY. Occasionally, we have had to cancel workshops only to find that they would have filled with the registrations that arrived late. The decision to cancel a workshop because of low enrollment is made two weeks before the date of the workshop. **PLEASE BE CAREFUL ABOUT YOUR TRAVEL PLANS UNTIL THEN.**

For more information or questions, please call 604-742-1818
You may also fax this form to APABC / The Adler Centre at 604-742-1811
Or Mail it with your cheque to APABC / The Adler Centre
230 - 1818 West Broadway, Vancouver BC V6J 1Y9