

The Alfred Adler Institute

- APABC Since 1973 -

Introduction to Adlerian Psychology

- An Institute Short Course Facilitated by **Dr. Chris Shelley** -

This is an introductory course that will survey the core theoretical tenets of Adlerian psychology. Through a blend of instructor presentation and small group exercises emphasising *reflexive* awareness, we will explore the following units: Social Interest and Community Feeling; Holism and the Creative Self; Fictional Finalism, Teleology, and Goals; Encouragement; Inferiority, Superiority and Compensation; Life Style / Style of Life; Early Recollections; Family Constellation and Birth Order; Life Tasks & Social Embeddedness; The un/conscious in Adlerian Psychology; Private Logic & 'Common Sense'; Symptoms and 'Neurosis'; Safeguarding Behaviour; Guilt and Guilt Feelings; Socratic Questioning. This course may be taken for continuing education units or as a part of the Certification program for Adlerian Counsellors (2 credits) at the Alfred Adler Institute (APABC).

Saturdays & Sundays September 11th & 12th; 25th & 26th, 2010

Venue: *The Adler Centre*,

Suite 230 - 1818 W. Broadway (at Burrard), Vancouver, BC.

Short Course Fee: \$550.00

Pre-approved for **24 Continuing Education Units** through the *Canadian Counselling and Psychotherapy Association*

Chris Shelley, PhD

Dr. Shelley is the clinical director of *The Adler Centre*, a not-for-profit counselling and teaching clinic in Vancouver. He has been an Adlerian educator and therapist in both England and Canada having taught at the *Institute for Individual Psychology* (London), *Adler School of Professional Psychology* (Vancouver), and for the past decade at *The University of British Columbia* - lecturing in the Faculty of Arts and also the graduate program in counselling psychology. He is the author of various books, book chapters and journal articles in the fields of counselling, psychotherapy, theoretical psychology, and gender studies. He is also co-editor of the *British Adlerian Yearbook* and a contributing editor to *The Journal of Individual Psychology*.

To register, please contact *The Adler Centre*:

604-742-1818

www.adlercentre.ca • apabc@adler.bc.ca

The *Alfred Adler Institute* is Registered with the Private Career Training Institute Agency of British Columbia (PCTIA)

The ALFRED ADLER INSTITUTE
APABC – Since 1973

Introduction to Adlerian Psychology

A Four Day, Two Weekend Short Course Presented by **Dr. Chris A. Shelley**
Saturdays & Sundays September 11th, 12th, 25th & 26th, 2010
9:00 AM to 4:00 PM
The Adler Centre, 230 – 1818 W Broadway, Vancouver, BC

REGISTRATION FORM

(Spaces are limited, please register early)
\$550.00

(Note: we regret that Institute courses are not subject to discount)
Complete this form and return it with payment (cheque, money order,
or Fax this form with the below credit card information) to:

The Adler Centre
230-1818 W Broadway, Vancouver, BC, V6J 1Y9
Tel. 604 - 742 – 1818 FAX: 604 – 742 - 1811

Participant Information

First Name: _____ Last Name: _____

Address (Street): _____

City: _____ Postal Code: _____

Phone: _____ email: _____

APABC Member? (please circle): Yes No

Payment (check one) (Please provide your registration and payment together)

Cheque / Money Order _____ (Payable to APABC)

Credit Card _____ (Please complete the information below)

Card Number

Exp. Date

Signature

Cancellation / Refund Policy:

Please email your request to: apabc@adler.bc.ca or Fax to 604-742-1811

Cancellations and refunds are as follows: 100% up to two weeks in advance; 50% two weeks in advance;
no refunds will be issued for cancellations received less than two weeks in advance.

- In the event that the course is cancelled, a 100% refund will be issued -

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