



Presents

## **Hypnosis and Trauma: Integrating Hypnosis into the Treatment of Traumatized Children and Adolescents**

**DATE:** Saturday & Sunday October 29<sup>th</sup> & 30<sup>th</sup>, 2011

**TIME:** Registration- 8:30 am: Workshop 9 am –4:30

**LOCATION:** Vancouver General Hospital  
Paetzold Health Ed. Centre,  
899 West 12<sup>th</sup> Ave. Vancouver, B.C.

This workshop will provide a conceptual framework for understanding why hypnosis is particularly suited to the prevention, assessment and treatment of trauma. A review of the current understanding of neuroplasticity, attachment, hypnotic rapport and dissociation will provide a foundation for hypnotic work. Attention will be given to how hypnotic language can be modified for prevention and treatment of trauma. There will also be video examples of cases and experiential exercises to facilitate learning. Participants will be able to

- conceptualize a new framework for their hypnotic work with children & adolescents
- perform at least 3 hypnotic techniques for treating traumatic symptoms
- explain the relationship between therapeutic play & hypnosis
- integrate these new techniques into their practices for the benefit of their clients' patients.

### **Outline of topics:**

1. What is trauma- definitions and a conceptual framework
2. From assessment to building resiliency for the future
3. Why think hypnotically? How to use hypnosis.
4. Neurobiology and neuropsychology- attachment and rapport
5. Play, dissociation and hypnosis
6. Developmental considerations
7. The child's response to trauma
8. Systems and families
9. Hypnotic techniques with case examples for each
10. Changing perceptions, shifting senses- integrating mind and body

**With: Dr. Julie Linden**

Julie H. Linden is a licensed psychologist with over 30 years of psychotherapy experience treating people of all ages. Young children, adolescents, adults, couples and families consult her for a wide range of reasons. Julie's specialties include the treatment of anxiety, depression, and somatic symptoms; medical and psychological trauma, pain management techniques, and hypnotherapy; gender sensitive therapy; play therapy, ADHD and learning differences and Dissociative Disorders. She is the current President-elect of the International Society of Hypnosis, Past President of the American Society of Clinical Hypnosis, and Past President of the Greater Philadelphia Society of Clinical Hypnosis.

**To register and for more information visit our website:**

[www.hypnosis.bc.ca](http://www.hypnosis.bc.ca) Email: [admin@hypnosis.bc.ca](mailto:admin@hypnosis.bc.ca)

Phone: (604) 688-1714



The Canadian Society of Clinical Hypnosis (BC Division) is an organization of professionals in medicine, psychology, dentistry, and other allied professions, who share scientific and clinical interest in hypnosis. The Society was incorporated in 1961 and is a component section of the American Society of Clinical Hypnosis (ASCH)

The Society currently has approximately 150 members. CSCH endeavors to provide and encourage education programs to further, in every ethical way, the knowledge and understanding of hypnosis and to promote the acceptance of hypnosis as an important tool of ethical clinical medicine, psychology and dentistry. Our membership supports and conducts scientific and applied research into hypnosis.

For event information, membership requests or other information please visit our website:

[www.hypnosis.bc.ca](http://www.hypnosis.bc.ca)

**Canadian Society of Clinical Hypnosis  
(BC Division)  
2036 West 15<sup>th</sup> Avenue  
Vancouver, B.C.  
V6J 2L5  
Phone: 604-688-1714  
Fax: 604-683-6979**

[www.hypnosis.bc.ca](http://www.hypnosis.bc.ca)

**Email: [admin@hypnosis.bc.ca](mailto:admin@hypnosis.bc.ca)**

**October 29<sup>th</sup> & 30<sup>th</sup> Workshop Information:**

**Location:** Vancouver General Hospital  
Paetzold Education Centre  
Jimmy Pattison Pavilion – 1<sup>st</sup> Floor  
899 West 12<sup>th</sup> Avenue,  
Vancouver, B.C.

**Time:** 9:00am – 4:30pm; Registration 8:30am

**Parking:** Public pay parking across from VGH on West 12<sup>th</sup> Ave

**Fees:**

**EARLY BIRD PRICING UNTIL OCTOBER 1<sup>ST</sup> 2011**

<b>CSCH Member</b>	\$300 (Early Bird)	\$360 (after Oct 1st)
<b>Non-Member</b>	\$400 (Early Bird)	\$480 (after Oct 1st)
<b>Student</b>	\$200 (Early Bird)	\$240 (after Oct 1st)

**Student Eligibility:** Registrants must be a full time student enrolled in a graduate or professional program in active pursuit of a doctorate in Medicine, Dentistry, or Psychology, or a Master's degree in counseling psychology, social work or one of the disciplines listed above. The program must be held in a university accredited by its appropriate regional accrediting body.

**Continuing education credits:** are available to applicable professional disciplines. A Certificate of Attendance evidencing **14 hours** of participation will be issued to each participant at the Workshop.

**Refreshments:** Coffee, tea, & snacks will be provided at the morning and afternoon break times. Lunch is on your own and you may either pack a lunch or use the hospital cafeteria or one of the nearby restaurants.

**Cancellation Policy:** Registration fee includes a \$50 nonrefundable deposit.

**ADVANCE REGISTRATION IS ENCOURAGED  
Take advantage of Early Bird Rates  
See Registration form for details or visit  
[www.hypnosis.bc.ca](http://www.hypnosis.bc.ca)**



**2011 FALL WORKSHOP**

**Hypnosis and Trauma:  
Integrating Hypnosis into  
the Treatment of  
Traumatized Children and  
Adolescents.**

***Featuring***

**Dr. Julie Linden**

**Saturday & Sunday  
October 29<sup>th</sup> and 30<sup>th</sup> 2011**

**Registration 8:30am  
9:00am - 4:30pm**

**Vancouver General Hospital  
Paetzold Education Centre**

**[www.hypnosis.bc.ca](http://www.hypnosis.bc.ca)**

## OVERVIEW



**Dr. Julie Linden**

Julie H. Linden is a licensed psychologist with over 30 years of psychotherapy experience treating people of all ages. Young children, adolescents, adults, couples and families consult her for a wide range of reasons. Julie's specialties include the treatment of anxiety, depression, and somatic symptoms; medical and psychological trauma, pain management techniques, and hypnotherapy; gender sensitive therapy; play therapy, ADHD and learning differences and Dissociative Disorders.

In addition to her full time private practice she is active in the governance of several hypnosis organizations. She is the current President-elect of the International Society of Hypnosis, Past President of the American Society of Clinical Hypnosis, and Past President of the Greater Philadelphia Society of Clinical Hypnosis.

In 2003 she received the Josephine Hilgard Award from the American Journal of Clinical Hypnosis, AJCH, for her paper, "Playful Metaphors" about the use of hypnosis with children. In 2007 she was again a recipient of the American Journal of Clinical Hypnosis Josephine R. Hilgard Award for Scientific Excellence in Writing on Pediatric/Adolescent Uses of Hypnosis for the article "Hypnotically Enhanced Dreaming to Achieve Symptom Reduction, with Anuj Bhardwaj, MD and Ran D. Anbar, MD.

Julie resides in Philadelphia, Pennsylvania, USA. She teaches workshops for ASCH, SCEH, ISH, ESH, and lectures and consults about psychotherapy with children, trauma and hypnosis all over the world, including South Africa, Norway, Finland, the Balkans, and Italy.

### **Hypnosis and Trauma: Integrating Hypnosis into the Treatment of Traumatized Children and Adolescents.**

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## REGISTRATION

### REGISTRATION FORM

### **Hypnosis and Trauma: Integrating Hypnosis into the Treatment of Traumatized Children and Adolescents**

**October 29<sup>th</sup> & 30<sup>th</sup>, 2011**

Registration 8:30 am  
Workshop 9:00am – 4:30pm

	Before Oct. 1		After Oct. 1
CSCH MEMBER	\$300	<input type="checkbox"/>	\$360 <input type="checkbox"/>
NON-MEMBER	\$400	<input type="checkbox"/>	\$480 <input type="checkbox"/>
STUDENT*	\$200	<input type="checkbox"/>	\$240 <input type="checkbox"/>

\*Proof of Student Status Required- See Student Eligibility

\*Registration fee includes a \$50 non-refundable deposit

\*Receipts will be issued at the workshop

#### **RETURN REGISTRATION FORM & CHEQUE PAYABLE TO:**

Canadian Society of Clinical Hypnosis (BC Div)  
2036 West 15<sup>th</sup> Avenue  
Vancouver, B.C.  
V6J 2L5

NAME: \_\_\_\_\_

EMAIL \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/PROV \_\_\_\_\_

OFFICE PHONE \_\_\_\_\_

HOME PHONE \_\_\_\_\_