

The Alfred Adler Institute

- APABC Since 1973 -

Dreams & Dream Interpretation in Counselling & Psychotherapy

- A Professional Development Weekend Workshop Facilitated by **Dr. Chris Shelley** -

This workshop combines experiential and practical discussion for implementing dream work into counselling and psychotherapy practice. Together we will explore the following topics: The science and psychology of dreams; Nightmares, 'bad dreams', and night terrors; Dream interpretation; Adlerian approaches to dream work; and clinical uses of dreams.

Saturday & Sunday March 17th & 18th, 2012, 9:00 AM - 4:00 PM

Venue: *The Adler Centre*,

Suite 230 - 1818 W. Broadway (at Burrard), Vancouver, BC.

Workshop Fee: APABC Members \$300.00

Non Members \$375.00

Students \$150.00

Pre-approved for **12 Continuing Education Units** through the *Canadian Counselling and Psychotherapy Association*

Chris A. Shelley, PhD

Dr. Shelley is the clinical director of *The Adler Centre*, a not-for-profit counselling and teaching clinic in Vancouver. He has been an Adlerian educator and therapist in both England and Canada having taught at the *Institute for Individual Psychology* (London), *Adler School of Professional Psychology* (Vancouver), and for the past decade at *The University of British Columbia* - lecturing in the Faculty of Arts and also the graduate program in counselling psychology. He is the author of various books, book chapters and journal articles in the fields of counselling, psychotherapy, theoretical psychology, and gender studies. He is also co-editor of the *British Adlerian Yearbook* and a contributing editor to *The Journal of Individual Psychology*.

To register, please contact *The Adler Centre*:

604-742-1818

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