

MISSION STATEMENT

The Alfred Adler Institute

- APABC Since 1973 -

The *Alfred Adler Institute* is the training and certification division of the **Adlerian Psychology Association of British Columbia (APABC)**, registered under the BC Society Act. The Institute's mandate is to promote Dr. Alfred Adler's (1870-1937) compassionate, pragmatic, and socially informed approach to mental health treatment and prevention.

Famously, Dr. Alfred Adler, along with Dr. Sigmund Freud and Dr. Carl G. Jung, was one of the three classic founding figures of the practices of counselling and psychotherapy. Adler's theory and methods have proliferated over the past 100 years, influencing thousands of professionals around the world. Since the early 1970s, Vancouver, BC has been renowned as a centre for Adlerian based practice. APABC's training programs have attracted students from across the country and around the world.

The Institute provides quality educational programs and clinical services to the public based on Adler's holistic model of human psychology and community. For nearly 40 years, APABC has promoted community and professional training opportunities in parent education and counselling psychology in Vancouver and elsewhere in British Columbia. The *Alfred Adler Institute's* programs are delivered by an internationally known Adlerian faculty and other leading professionals.

The Institute's offices are housed at the *Adler Centre*, located on Vancouver's West Broadway corridor. The Centre offers low cost counselling and clinical services for individuals, families, couples and groups. On-site clinical supervision is also available for Adlerian practitioners and interns. The Centre hosts accessible parent education workshops throughout the year.

The Alfred Adler Institute is a values based organisation and adheres to the following principles:

☞ We value diversity and social equality and are committed to respecting differences based on sex, sexuality, religion, culture, ethnicity, material background and age;

☞ We encourage scholarly excellence and the mentoring of students – graduates who will provide the highest standards of ethics and integrity in the provisioning of clinical services to the public;

☞ We encourage the development of self-reflexive practitioners who possess in-depth self-knowledge, compassion, empathy, humbleness, a service orientation, social interest, and the analytic skills required of proficient clinical counsellors;

☞ We are committed to both treatment and prevention consistent with Alfred Adler's holistic philosophy.

*The Adlerian Psychology Association of British Columbia
(APABC) is a member affiliate of:
North American Society for Adlerian Psychology (NASAP);
The International Association for Individual Psychology (IAIP)*

For more information please visit our Website:

<http://www.adlercentre.ca/>